



LUTSEN NINETY NINER



2023

ATHLETE GUIDE

PRODUCED BY
LIFETIME

LUTSEN99ER.COM

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WELCOME INTRO

Welcome Racers,

On behalf of this great community of Lutsen, our Lutsen 99er volunteers, local fire and search and rescue department, Superior National, Visit Cook County and Life Time, I am honored to provide you with a very warm and gracious welcome.

Nearly 125 years ago and after exploring the shoreline of Lake Superior while fishing from a boat, CCA Nelson is forced to find shelter during inclement weather in a small bay at the mouth of a north shore river. It was there he discovers the virgin wilderness beauty of the area. He named his find Lutsen and quickly files a homestead claim for \$14. Shortly thereafter, CAA and his wife begin a lifetime of providing hospitality and sharing of this great land with visitors, now extending through four generations of the Nelson family.

We are excited to announce the Stages Cycling Lutsen 99er, 69er, 49er, 25er are all now staged at our new race location – Superior National at Lutsen Golf Course. The golf course was yet another dream of the Nelson family. George Nelson, Jr, grandson of CAA, was with the famed 10th Mountain Division Ski troops in World War II. After returning from Northern Italy shortly after the war, George completes one of his dreams for this special area and opens Lutsen Mountains in 1948. In the late 1980's, George Jr and his wife Patti donated nearly 360 acres of pristine land to the people of Cook County to develop a masterpiece of a golf course. The golf course opened in 1992 with unmatched beauty.

Lake Superior will serve as the backdrop as you begin your bike journey from the clubhouse up to and through the ancient Sawtooth Mountains, around inland glaciated lakes, across glacial eskers and through trails and forest roads of unparalleled wilderness beauty and splendor. As you begin to find your way to the finish line, you will experience some of the spectacular beauty as you weave your way down from the mountain onto the golf course and to the finish line right back from where you started. The Nelson family could not have scripted this better...the combination of this 99er event taking place covering two legacy properties. Wow!

Best Regards,

Mike Larson

Lutsen Representative - 99er Team Member

SCHEDULE OF EVENTS

FRIDAY, June 23rd, 2023

- 3:00pm–8:00pm** Packet Pickup at Superior National Golf (SNG) – 5731 MN-61, Lutsen, MN 55612
- Welcome experience outside of SNG Club House
 - Free beer/cider tasting from Fulton Beer and North Shore Winery, food available for purchase
 - Live music (3:00pm–7:00pm)
- 5:30pm** Niner Kids Event presented by OCS

SATURDAY, June 24th, 2023

- Opens @ 5:00am** Breakfast Options
- Lockport Marketplace & Deli, 5364 MN 61, Lutsen
 - Fika Coffee- Coffee, World's Best Donuts and pancakes 5325 MN 61, Lutsen
- 5:15am–7:15am** Drop bags near the front of the SNG Club House
- 5:30am–6:30am** Race day packet pickup at SNG Clubhouse
- 7:20am** All bikers positioned in their respective starting corrals (99er, 69er, 49er, 25er, Friends & Family)
- 99er - Black flag
 - 69er - Orange flag
 - 49er - Blue flag
 - 25er - Green flag
 - Friends & Family - Gold flag. For younger kids, families, anyone that wants the most relaxed roll-out. Any distance welcome here!
- 7:30am** Start of RACE
- 99 > 69 > 49 > 25 > Friends & Family (two min between waves)
 - Hold your position on the rollout - NO PASSING! Passing will lead to disqualification
 - DO NOT PASS PACE CAR. Passing the lead car will result in disqualification
- 8:00am–6:00pm** Bike Corral
- 10:00am–6:00pm** Finish Festival
- 3:00pm** Barker Lake Aid Station Cut-Off
- 3:00pm–7:00pm** Live Music at Caribou Highlands, outside of Moguls Grille and Tap Room
- 3:45pm** Onion River Road Aid Station Cut-Off
- 7:30pm** Awards ceremony at Caribou Highlands, outside of Moguls Grille and Tap Room
- Stick around after awards for an announcement to enter your ticket (wooden coins distributed at awards) into the random drawing for your chance to win a coveted LT100 MTB slot

DIRECTIONS TO SUPERIOR NATIONAL GOLF

SUPERIOR NATIONAL GOLF

5371 MN-61, Lutsen, MN

Road construction information can be found at www.dot.state.mn.us

FROM SOUTH:

Take I-35 North to Duluth, MN. In the Duluth freeway system, take the last possible exit labeled "Hwy 61-North Shore Drive". Stay on Hwy 61 North for 90 miles. Just after the 90 mile-marker, you will see a lighted sign for "Superior National". Turn Left.

FROM NORTH:

Take Hwy 61 South through Grand Portage and Grand Marais. Approximately 18 miles south of Grand Marais, you will see a lighted sign for "Superior National". Turn Right.

FLYING:

Duluth International Airport is the closest, approximately a 2 hour drive Minneapolis/St. Paul International Airport, approximately a 4.5 hour drive.

Superior National Golf: Open to Lutsen 99er Riders on Friday, 12:00pm. Please enjoy the North Shore.



IMPORTANT INFORMATION & RULES

RULES

- Leave no trace - No garbage, clothing etc., shall be thrown on the course!
- Must hold your position for the entirety of the roll-out. Passing or weaving through other participants will result in disqualification without warning.
- Option B Finish, you must obey directions from State Patrol at Hwy 61 crossing, failure to do so will result in disqualification without warning.
- No Pedal Assist/E-Bikes allowed
- Helmets must be worn when on the bike, and your chin strap must be buckled
- Support Vehicles/Outside Assistance - You may not accept assistance outside of aid stations or approved spectator areas (Devil Track Lake Campground or Caribou Trail / Honeymoon Trail intersection for spectators)
- DNFs must be reported to timing
- No Pets on course
- No earphones
- Timing chip (on bike number plate) must attach to front of bike. DO NOT wrap your bike plate or your chip will not read.
- DO NOT PASS PACE CAR. The Pace car will lead all racers out of SNG & along Highway 61 to Caribou Trail. The Pace car will speed up at Ski Hill Rd. Passing the lead car will result in disqualification.
- THANK THE VOLUNTEERS



CATEGORIES

- Geared Bike
- Single Speed
- Fat Bike
- Tandem

COURSE NUTRITION

- GU Hydration & Water
- Energy bars
- Granola bars
- GU Products

PARKING

SNG Parking will open at 5:00am and Close at 7:15am

No RV's @ SNG

- RV's can park on the shoulder of Ski Hill Rd

Overflow Parking

- Ski Hill Rd Shoulder

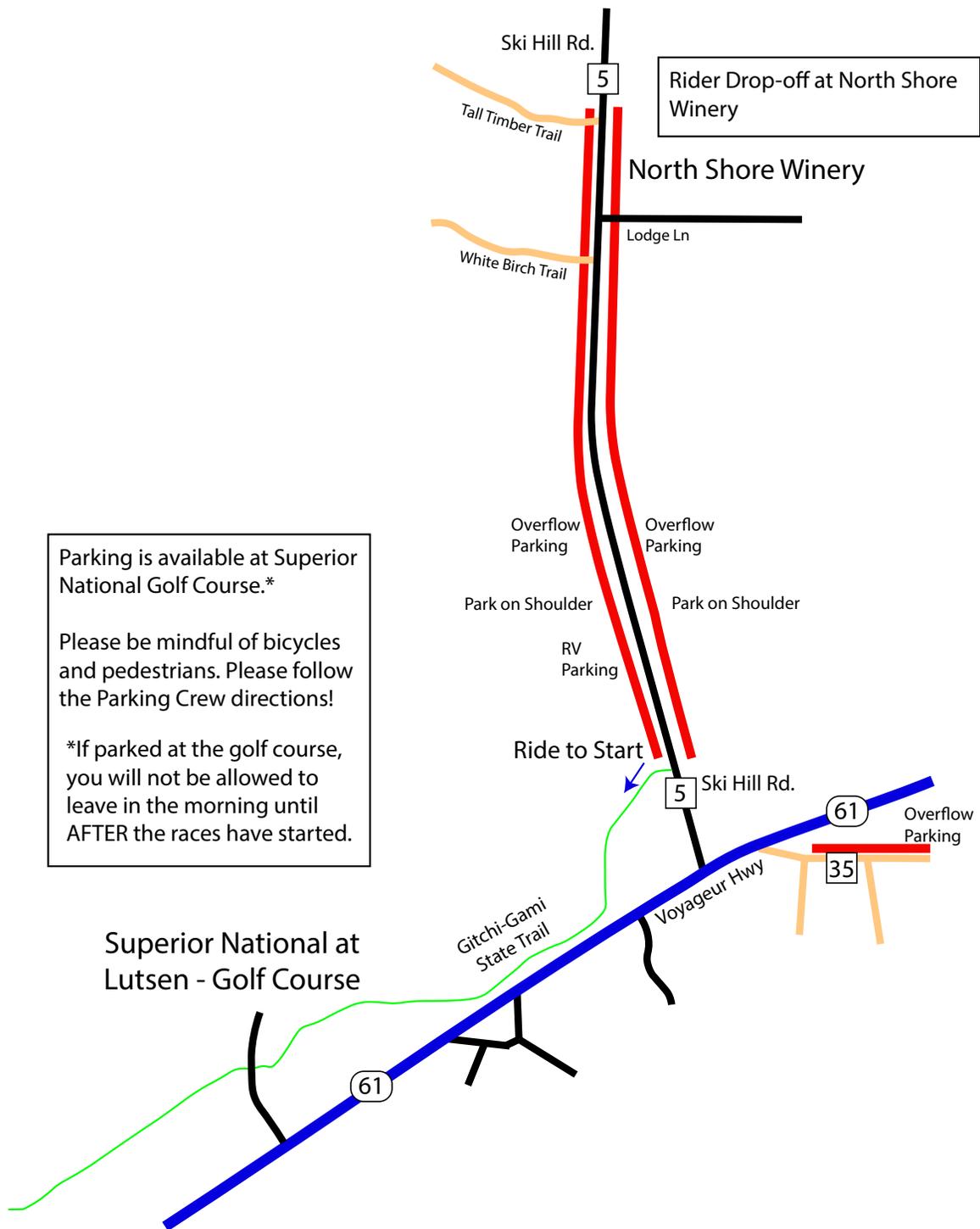
Rider Drop Off

- North Shore Winery 5:30-7:00am

LEAVE NO TRACE

- We will have opportunities at the finish festival to recycle of your GU and other nutrition wrappers via the GU Terracycle program!

OVERFLOW PARKING MAP



Parking is available at Superior National Golf Course.*

Please be mindful of bicycles and pedestrians. Please follow the Parking Crew directions!

*If parked at the golf course, you will not be allowed to leave in the morning until AFTER the races have started.

99ER & 69ER COURSE DESCRIPTIONS

These courses have a mix of pavement, snowmobile/ski trail, gravel/forest service road and singletrack.

- There are five aid stations for the 99er - 24, 42, 60, 73 & 79 miles
- There are four aid stations for the 69er - 24, 42, 55 & 61 miles

DROP BAGS / 99 COURSE ONLY

- Use your own bags
- Bags drop Saturday morning 5:15am-7:15am near the front of the SNG Club House
- We will provide a bag tag at packet pick-up
- Bags will be available at mile 41 and mile 59
- Pick up area in front of SNG Club House

CUT OFF TIMES

- 3:00 PM Barker Lake Aid Station
- 3:45 PM Onion River Road Aid Station
- 11 Hours for the full 99er
- Note: Any riders arriving after this time should be transported back to the start/finish via sag vehicles.
- If riders insist on continuing it will be at their own risk, they will be listed as a DNF and their race plate will be removed.



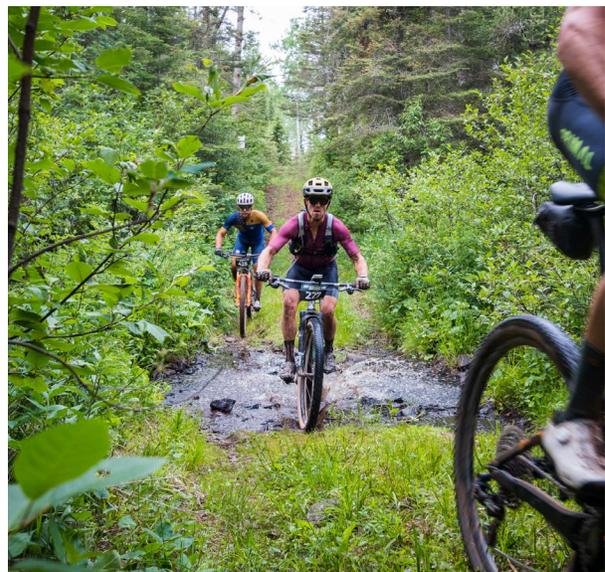
49ER & 25ER COURSE DESCRIPTIONS

These courses have a mix of pavement, snowmobile/ski trail, gravel/forest service road and singletrack.

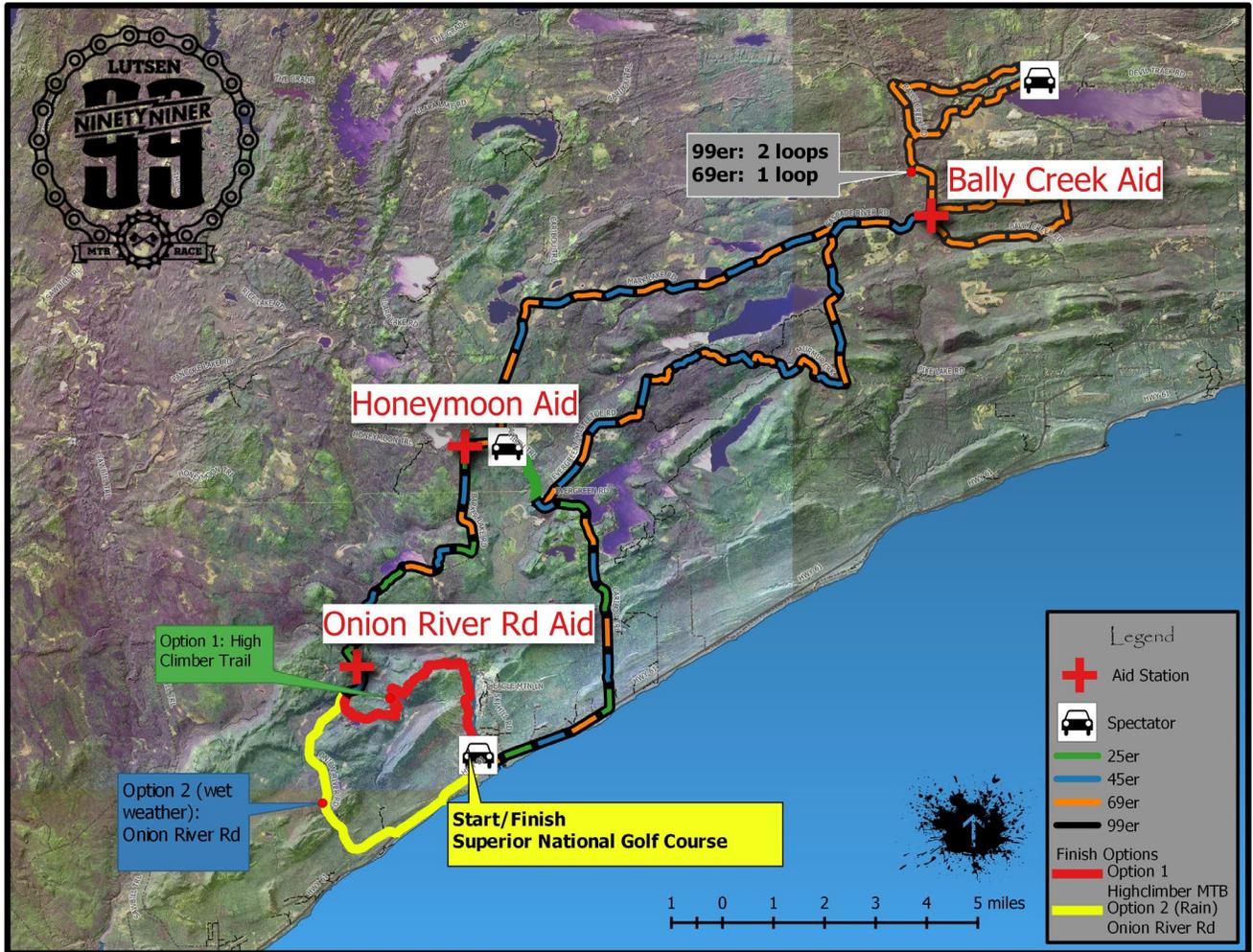
- 49er Aid Stations 24, 37 & 43
- 25er Aid Stations 13 & 19

CUT OFF TIMES

- 3:00 PM Barker Lake Aid Station
- 3:45 PM Onion River Road Aid Station



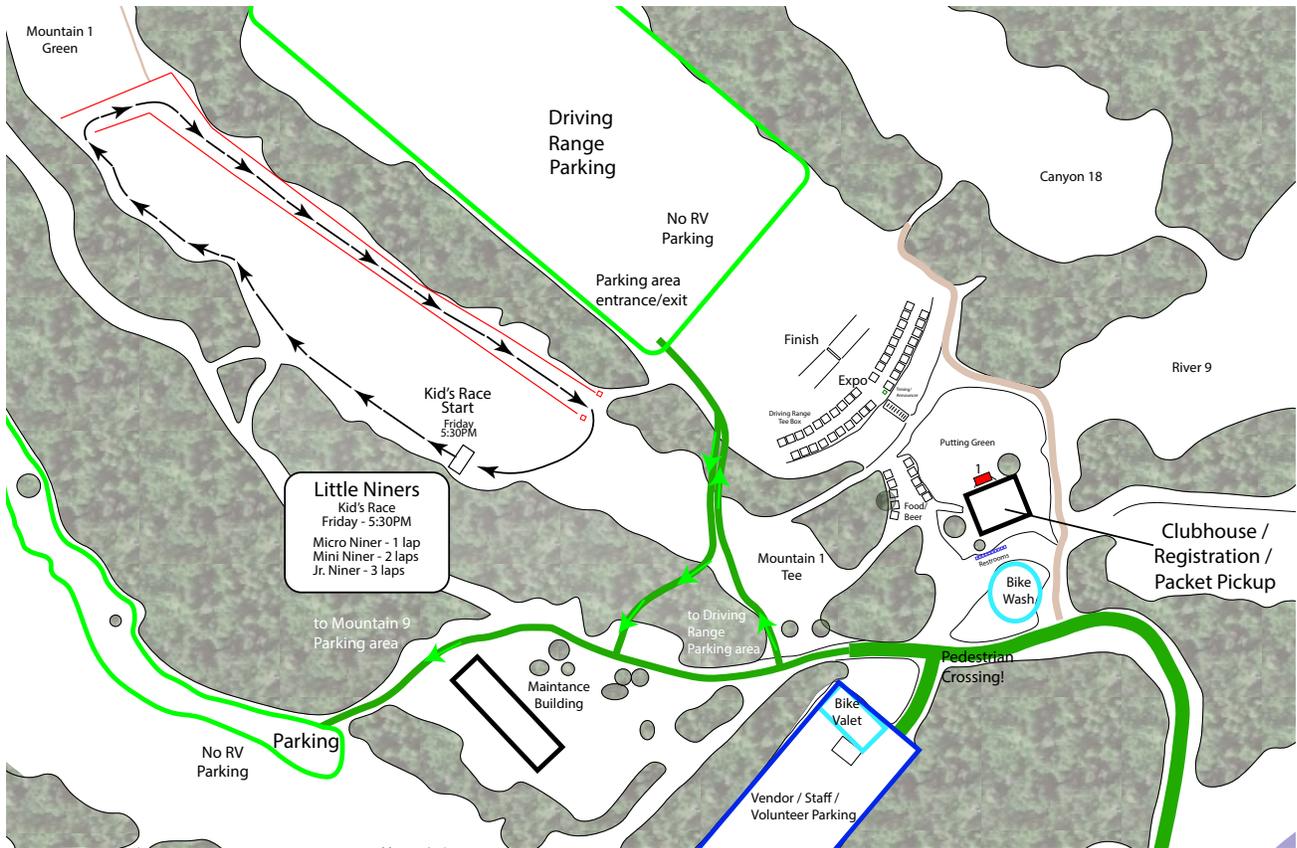
ALL DISTANCES COURSE MAP



GPS LINK



KIDS COURSE MAP



LITTLE NINERS KIDS EVENT PRESENTED BY OCS

- Micro Niner – 1 lap
- Mini Niner – 2 laps
- Jr. Niner – 3 laps

SPECTATOR INFORMATION

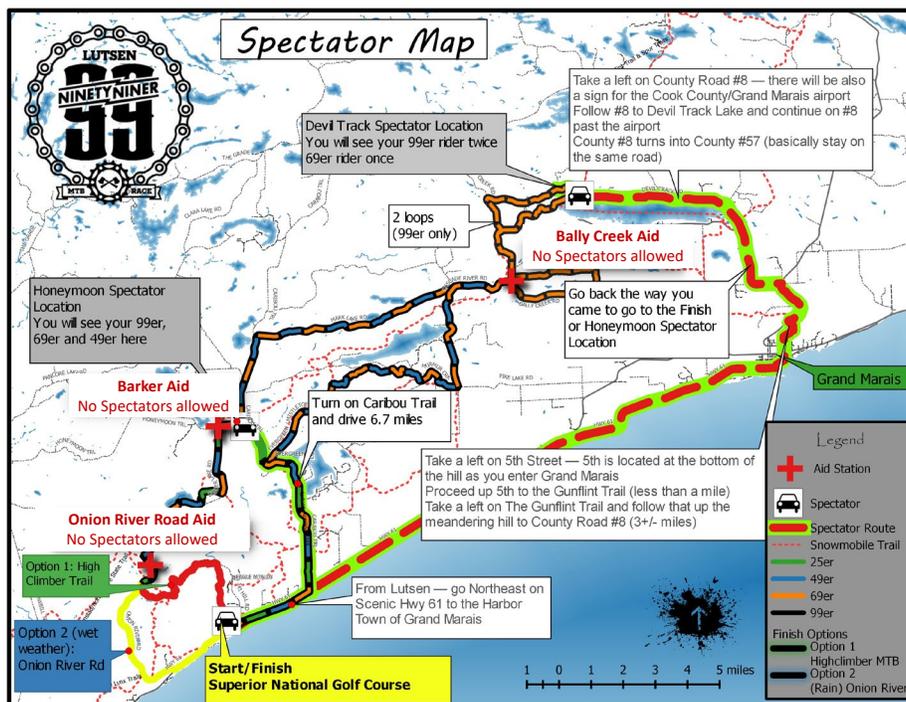
No spectators will be allowed at Aid Station 1, 2 & 3. Spectators are welcome at Devil Track Lake Campground – 99er riders pass by twice here, 69ers once.

TO DEVIL TRACK CAMPGROUND FROM LUTSEN: 99 AND 69ER ONLY!

- Go Northeast on Scenic Hwy 61 to the Harbor Town of Grand Marais (~ 20 minutes)
- LEFT on 5th Street – 5th is located at the bottom of the hill as you enter Grand Marais
- LEFT on The Gunflint Trail and follow that up the meandering hill to County Rd #8 (+/- 3 miles)
- LEFT on County Road #8 (Devil Track Road) – continue for 8 miles
- County #8 turns into County #57 (basically stay on the same road)
- This will lead you to the Devil Track campground - parking available on the shoulder.

TO HONEYMOON TRAIL/ CARIBOU TRAIL INTERSECTION

- Northeast on Hwy 61
- Left on Caribou Trail (County 4)
- 6.7 miles to spectator location
- **This is NOT an aid station. Do not drive down honeymoon trail to aid station. No spectators allowed at Barker Lake Aid Station**



LEADVILLE 100 MTB QUALIFICATION SYSTEM

99ers RACE ONLY

The Stages Cycling Lutsen 99er is a qualifier for the Leadville Trail 100 MTB.

- There are a total of 50 LT100 qualifier coins up for grabs at this year's race.
- Half of the total LT100 coins will be distributed based on performance and half of the coins will be given away in the Event Lottery at the conclusion of the awards ceremony.
- 25 slots will be distributed based on performance:
- Only the 99er distance serves as a qualifier for the LT100 MTB.
- Slots will be distributed to each gender and age group (20-29, 30-39, etc.) based on the percentage of total athletes in those age groups, with a minimum of one slot for every age group.
- The top athletes in each age group will receive the allocated slots.
- In the event a top athlete elects not to accept a slot, the slot will roll down to the next athlete in the results within the age group.
- In the event slots are not claimed after the roll down in each age group, those slots will be allocated to the Event Lottery, as described below.

25 slots will be distributed through the Event Lottery:

- Finishers of the 99er distance will be eligible to win an LT100 MTB coin in the Event Lottery.
- All riders who finish within the established course cutoff time and who have indicated their desire to participate in the lottery will be entered in the lottery.
- Names will be drawn from the eligible lottery athletes and slots will be given out.
- In the event an athlete opts not to accept a slot, the slots will roll down to the next athlete that is drawn until ALL slots have been distributed.
- Qualification slots must be claimed in person immediately.
- Registration for the Leadville Trail 100 MTB must be completed and paid for during the designated time offered.
- Only solo riders competing the required distance under the allotted cutoff time will be considered as potential qualifiers.
- All registration fees for the LT100 MTB are non-transferable and non-refundable.

Use updated corral charts

2023 Leadville Trail 100 MTB Qualifier Finish Times & Coinciding Corral Placements								
Event	Gold	Silver	Red	Green	Purple	Orange	Blue	White
2023 Sea Otter Fuego XL	Sub 5:00	Sub 5:15	Sub 5:30	Sub 5:45	Sub 6:00	Sub 6:15	Sub 6:30	6:30 +
2022 Wilmington Whiteface 100K	Sub 4:10	Sub 4:20	Sub 4:30	Sub 4:50	Sub 5:10	Sub 5:40	Sub 7:00	7:00+
2022 Lutsen 99er	Sub 5:25	Sub 5:50	Sub 6:05	Sub 6:25	Sub 6:55	Sub 7:25	Sub 8:10	8:10 +
2023 Lutsen 99er *	Sub 5:25	Sub 5:50	Sub 6:00	Sub 6:15	Sub 6:30	Sub 7:00	Sub 7:30	8:10+
2022 Silver Rush 50 MTB	Sub 3:45	Sub 4:00	Sub 4:30	Sub 4:45	Sub 5:15	Sub 5:45	Sub 6:45	6:45 +
2023 Silver Rush 50 MTB *	Sub 4:00	Sub 4:15	Sub 4:30	Sub 5:00	Sub 5:30	Sub 6:00	Sub 7:15	7:15+
2022 Tahoe Trail 100k	Sub 4:15	Sub 4:40	Sub 5:05	Sub 5:30	Sub 6:00	Sub 6:30	Sub 7:00	7:00+
2023 Tahoe Trail 100k *	Sub 4:15	Sub 4:45	Sub 5:05	Sub 5:30	Sub 6:00	Sub 6:30	Sub 7:00	7:00+
2022 Leadville Stage Race	Sub 7:00	Sub 7:30	Sub 8:00	Sub 8:30	Sub 9:30	Sub 10:00	Sub 10:45	10:45+
2023 Leadville Stage Race *	Sub 7:00	Sub 7:30	Sub 8:00	Sub 8:30	Sub 9:30	Sub 10:00	Sub 10:45	10:45+
2022 LT100 MTB	Sub 7:45	Sub 8:15	Sub 8:30	Sub 9:00	Sub 10:00	Sub 11:00	Sub 12:00	12:00+
2022 Barn Burner 104M	Sub 6:30	Sub 6:45	Sub 7:30	Sub 8:00	Sub 8:30	Sub 9:00	Sub 9:30	9:30+
2022 Austin Rattler 60M	Sub 5:00	Sub 5:10	Sub 5:30	Sub 5:50	Sub 6:15	Sub 6:45	Sub 7:20	7:20+

Notes

- 2023 events will be reviewed and updated post each event subject to course impacts.
- 2022 Lutsen course was on a revised / shortened course due to inclement weather.
- 2022 Silver Rush Course was shortened due to a re-route around an EPA test site.
- Only 2022 and 2023 times are eligible for consideration

**CORRAL ASSIGNMENT TIMES ARE THE SOLE DISCRETION OF THE LEADVILLE RACE SERIES AND SUBJECT TO CHANGE

AT YOUR SERVICE THE LUTSEN 99ER STAFF

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VOLUNTEERS

The Stages Cycling Lutsen99er would not be complete with out the help of the volunteers and sponsors. Please thank the volunteers while you are out on course.



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